



Dear Parent/Guardian/Friend:

**Welcome to the Montour County Passport Program!**

On the following pages you will find a list of exciting, intriguing, and creative activities for you to do with your child while visiting the parks in Montour County.

**What is the Passport? Who decided on these activities?**

The Passport was designed and created in conjunction with Pennsylvania Advocates for Nutrition and Activity (PANA), the Pennsylvania Environmental Council, Pennsylvania Department of Conservation & Natural Resources, Geisinger Health System, and the Central Susquehanna Foundation, school educators, and other organizations to create a fun, active program that students and their parents can do together to promote a healthy, active lifestyle.

**What do I do in order to complete the Passport? How long do I have?**

The Passport program runs during the summer months. After each visit to one of the sites listed, your child should fill in a star with the park or event number. on their kaz passport stop record and fill in the contact information.

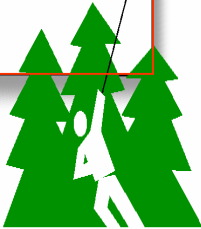
**What do I do with it once I am done?**

When your child returns to school in the fall, have him/her return the record to their physical education teacher during the first week. They will then be eligible for the prizes listed through a drawing that will be held in September 2007.

If you have any questions, please contact the Pennsylvania Environmental Council at 570-718-6507.

Thanks, and have fun at the Montour County Parks and Trails!

Be sure to visit [www.keystoneactivezone.org](http://www.keystoneactivezone.org) and [www.panaonline.org](http://www.panaonline.org) for more information on parks and trails near you!



**OTHER FUN THINGS TO DO THIS SUMMER**

- 13. **BACKPACKING IN THE 21ST CENTURY**  
June 3rd, From 2pm-3pm at PPL Susquehanna Riverlands, Berwick. Brian Vargo will share some hiking experiences, backpacking know how, and equipment demonstrations. Call 542-2306 For Info
- 14. **4TH ANNUAL RIVER DAY**  
June 16th at 10am Bloomsburg Town Park  
Float from park to Danville soccer complex  
Exhibits, demos and food available.  
Kayak and canoe rentals and shuttle available.  
There is a registration fee.  
Call 800-322-5437 For Info
- 15. **4TH OF JULY BUTTERFLY COUNT**  
June 23rd, 8am start.  
Susquehanna Riverlands, Berwick  
Alan Gregory, Outdoor Columnist & Naturalist is Count Coordinator. Call 542-2306 For Info
- 16. **IRON HERITAGE FESTIVAL FOR KIDS**  
July 20th beginning at noon.  
Canal Park, Mill Street.  
Learn how children lived, worked and played in 1845.  
No fee. Registration at IHF Company Store, 316 Mill St., Danville.
- 17. **COLUMBIA/MONTOUR COUNTY TAPESTRY OF HEALTH 12TH ANNUAL FUNFEST**  
Friday August 3, 2007 from 11:00-2:00pm  
in Columbia Park  
(On Old Berwick Road across from Cobblestone Inn)  
games, Nutrition Magician, free drawings and much more...
- 18. **SUMMER CONCERT SERIES**  
Danville, Riverside, Washingtonville and Northern Montour Pool. Concerts are free.  
Schedules available at the Danville Area Community Center and online at:  
[www.montourmusic.com](http://www.montourmusic.com)
- 19. **HAVE YOU HIKED THE DIKE?**  
With a parent, you can start walking on the dike at the Soccer Park and walk all the way to F.Q. Hartman Recreation Complex. Or start at F.Q. Hartman and go to the Soccer Park. There are just two places along the dike where it is interrupted and you will have to walk on the sidewalk.  
Great River Views!  
**BE SURE TO GIVE YOURSELF A STAR FOR ATTENDING ANY OF THE ABOVE EVENTS!**

2007  
KEYSTONE  
ACTIVE  
ZONE

**PASSPORT**

HAVE FUN-STAY FIT  
IN A PARK OR ON A TRAIL NEAR YOU



**GREAT PRIZES YOU COULD WIN!**

- BICYCLE HELMET(S)
- T-SHIRT(S)
- BACKPACK FULL OF GREAT ACTIVITIES
- WEIS MARKET'S KIDS GIFT BASKET
- ALL PARTICIPANTS WILL RECEIVE A BOOK MARK AND A FREE SWIM PASS TO THE DANVILLE AREA COMMUNITY CENTER UPON COMPLETION OF PASSPORT



## STOPS ON YOUR PASSPORT

- BUCKNELL UNIVERSITY CHILLISQUAQUE CREEK NATURAL AREA ON MEXICO RD, LIBERTY TOWNSHIP:** This is a 66 acre natural area consisting of wetlands, deciduous forest, and meadows. Visit the Chillisquaque Natural Area during the Spring and/or Fall to hike the many trails and observe the wildlife attracted to this landscape.
- DANVILLE AREA COMMUNITY CENTER AT 1 LIBERTY STREET IN DANVILLE:** Multi-use recreation facility with an indoor, heated swimming pool and full-sized gymnasium. A new playground will be added in Summer 2007. The DACC is open weekdays from 5:30am to 9:00pm, Saturday from 7:00am to 7:00pm, and Sunday from noon to 7:00pm. Parking and all amenities. Admission fee.
- DANVILLE SOCCER PARK AT THE END OF EAST MARKET ST IN DANVILLE:** 22 acre athletic complex with seven fields (4 full size fields and 3 small fields) Danville Area Community Center is responsible for all scheduling. There are restrooms, parking and food for events. Open dawn to dusk, seven days a week.
- FRANK E. DELONG MEMORIAL PARK ON CHURCH STREET IN WASHINGTONVILLE:** This park is dedicated to Frank E. DeLong, philanthropist, inventor and community leader. Washington borough is planning many improvements to this 5 acre park in the very near future. A new playground, 47 car parking lot, new bleachers and improved ball fields are in the works. Future plans for the park include a walking trail, picnic areas and pavilion. At this time, there is parking, a playground and the park is wheelchair/stroller accessible. Open dawn to dusk, seven days a week.
- HARTMAN RECREATIONAL COMPLEX AT THE END OF W. FRONT ST. IN DANVILLE:** There are athletic fields, picnic areas/pavilions and fishing. Pets are allowed on a leash. Open dawn to dusk, seven days a week.
- GUS KOOHER PARK AND WASHIES PLAYGROUND ON FAUST ST. IN DANVILLE:** This is a 5 acre neighborhood park located adjacent to the river with tennis and basketball courts. There are restrooms, parking, picnic areas, drinking fountain, benches and "Kidsville," a large play structure. Park open dawn to dusk, seven days a week.

- HESS RECREATION COMPLEX & J. MANLEY ROBBINS TRAIL COMPLEX ON MONTOUR ST. IN DANVILLE:** 8 plus acre athletic complex with walking/hiking trails, biking trails, nature areas, fishing, camping and picnic areas with pavilions. Ample parking and restrooms. Open dawn to dusk, seven days a week.
- HOPEWELL PARK AT THE INTERSECTION OF WOODBINE AND MONTOUR BLVD.:** 25 plus acre community park with gazebo and bandshell. Athletic fields, walking/hiking trails, picnic areas with pavilions, nature areas and environmental education. There is parking and benches. Open seven days a week from 12pm to 8pm.
- MONTGOMERY PARK ON WATER STREET IN DANVILLE:** 1 acre neighborhood park that provides river access for pedestrians. This is a historic site with fishing, parking and benches. Pets are allowed on a leash. Open dawn to dusk, seven days a week.
- MONTOUR PRESERVE AT 700 PRESERVE ROAD IN DANVILLE:** The Montour Preserve is a 966 acre preserve located in the Appalachian Foothills of North Central Pennsylvania. The preserve boasts a 146 acre wildlife refuge with two observation blinds and the 165 acre lake Chillisquaque. There are eleven trails including the 4 mile Chilsugi hiking trail, Laura Smith Trail of History, Wildlife Nature Trail, Bluebird Trail and Braille Trail for the sight impaired. There is a fossil pit to explore fossils. Enjoy bird watching, cross country skiing, fishing, nature areas, historic site, boating, environmental education and picnic areas with pavilions. There is ample parking and the park is wheelchair/stroller accessible. Open dawn to dusk, seven days a week.
- NORTHERN MONTOUR POOL & PLAYGROUND AT 1301 WHITE HALL ROAD IN TURBOTVILLE:** This family park has two youth baseball fields, a small pavilion, play equipment, sand box and a swimming pool with a tot pool. Swimming lessons and water aerobic classes are offered at the pool. During June, July, and August call the pool office at 437-3794 for info. and hours from September to May call 437-3289 for Information regarding the park and other facilities. Admission fee.
- SUNNYBROOK PARK LOCATED IN A BEAUTIFUL WOODED SETTING A SHORT DISTANCE OFF OF RTE. 54W ON RTE. 642 E:** Playground, soccer field, picnic pavilions (may be reserved), restrooms, changing rooms and an outdoor swimming pool with baby pool are available. Admission fee.

## 2007 KAZ PASSPORT STOP RECORD

### GIVE YOURSELF A STAR!!!

When you visit any of the "PASSPORT STOPS" on the list or any of the "FUN THINGS TO DO THIS SUMMER" (listed on the back), fill in a star with the park or event number. Give your completed passport to your Physical Education Teacher during the first week back to school in the Fall. You will then be entered into a drawing for the prizes listed in this passport. Parents, if you have any questions, please contact the Pennsylvania Environmental Council at 570-718-6507.

### THANKS FOR PARTICIPATING!

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ AGE: \_\_\_\_\_

SCHOOL NAME \_\_\_\_\_

COUNTY \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_

## HAVE FUN-STAY FIT

